**MATERIAL FOR THE TEACHER**

**A2\_Worksheet A: Swiss table manners explained by an expat**

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| 1.  | Be on time. |
| 2. | Always wait for everybody to be served before beginning to eat. |
| 3. | All meals are usually started with the words “bon appetit” or “guten Appetit.” |
| 4.  | When toasting, chink your glass with everybody at the table and look each person in the eyes before drinking. |
| 5.  | Keep your wrists on the table, but never your elbows. Do not place your hands in your lap. |
| 6. | Remember to always say *please* and *thank you*. |
| 7.  | French bread is always torn rather than cut with a knife. |
| 8. | Lift your forearm from the table while moving the fork to your mouth. |
| 9.  | Use your left hand for the fork and the right for your knife and gently push food on your fork. |
| 10. | If you are served cheese as a wheel, it should be cut from the centre into slices (as you would slice a pie). |
| 11. | When finished, put your knife and fork parallel to one another on your place as if they were hands on a clock indicating 5:25. If you don’t do this, your host will serve you more food. |
| 12. | Finish everything you take on your plate. The Swiss do not appreciate waste. |
| 13. | These manners apply to children as young as two. |
| 14. | Additional children rules: Make sure children wash their hands before meals. Children generally must wait to leave the table until everyone is finished. |



Source: <http://www.lifeintheswissalps.com/2010/08/swiss-table-manners-matter.html>